

The Golden Rule (Doing unto Others...)

Jesus the Christ of Nazareth started a new world religion for the sick, the oppressed and the lost.

With the New Testament of the Holy Bible came a new religion, namely Christianity. For the perverse generations of that time (30 AD to 2000 AD) this new religion brought some relief to the sick, the oppressed and the lost, and still does even in this day and age.

The time has come, however, that the truth be revealed to all people worldwide. The time has come to become animal rights activists, human rights activists and dedicated vegans. The time has come to become environmentalists and whistle blowers and to inform the uninformed. The time has come to become Spiritualists with an agenda of truth.

Jesus was a Spiritualist as he had no fixed creed and owned no noteworthy material possessions. He was a king of a different kind. He was non-hypocritical, non-pretentious, non-religious and non-judgemental. In fact, he was accused by the religious leaders of being a wine drinker and a glutton. He was radically different to the religious leaders, scribes and Pharisees. Spiritualists are totally non-religious and non-materialistic. They simply believe in the Fatherhood of God, the Brotherhood of Man, the Communion of Spirits and the Ministry of Angels.

Jesus did not die for your sins, nor did he die for you. Jesus *lived* for you and for me. His life was a shining example of selflessness and unconditional love towards mankind. He lived for us; he lived to teach humanity how to live life free from religion. He knew that his fate would be execution by means of crucifixion, but this did not deter him from his mission. In fact, it only made him more determined to complete his mission because he knew that the fear of physical death was the one thing he still needed to conquer. "O death, where is your sting?"

What is all the hype nowadays about veganism?

Definition of Veganism:

Veganism is a philosophy and way of living which seeks to exclude, as far as possible and practicable, all forms of exploitation of and cruelty to animals for food, clothing or any other purpose, which by extension promotes the development and use of animal-free alternatives for the benefit of humans, other animals and the environment. In dietary terms it denotes the practice of dispensing with all products derived wholly or partly from animals.

In a nutshell, veganism is a way of life designed to protect animals from cruelty and exploitation. This is the primary reason for becoming a vegan.

There are however many other reasons for, and benefits to, becoming a vegan.

Health Benefits:

There are many health benefits in changing to a plant-based diet. Chronic conditions such as heart disease, cancer, diabetes, hypertension and obesity can be reversed and eliminated by simply changing to a whole-food plant-based diet.

Environmental Benefits:

By eliminating the meat, egg and dairy industry, global warming will be greatly reduced and possibly eliminated. Animal farming is one of the main contributors to global warming.

Conscience Benefits (All non-vegans are species-ists):

Becoming a vegan and spreading the message is liberating to the soul of the individual. You can help make a difference to reduce animal cruelty and exploitation. A hundred years from now humanity will look back in amazement at how blind we were in our injustices. Veganism is the only viable solution to bring to an end world hunger and starvation. There are currently more than 21 billion farm animals being fed across the globe, all so that we can have our bacon and eggs and our cheese burgers with chicken nuggets and double thick milkshakes.

Innocent animals are bred into existence and then deprived of their basic animal rights to live lives free from species-ism and exploitation for food, clothing, entertainment, etc. The human race has been conditioned to think that all this injustice is okay. We have been conditioned to think that it is okay for one species of animal to breed and exploit another species to satisfy its desires. Billions of animals are enslaved, abused and slaughtered annually to satisfy human taste buds.

There is no such thing as a humane meat, egg or dairy farm. There is no such thing as a humane slaughterhouse. To think that these institutions even exist in this day and age is mind boggling.

Most city slickers have no idea where their meat, eggs and dairy comes from. Most city slickers think that these products come from a supermarket. The animal industry would prefer that consumers stay ignorant, because too much publicity could have severe financial implications for the industry.

Any human being with a conscience knows that cruelty towards animals and exploitation of animals by humans is wrong. No matter how we look at it or try to justify or sugar-coat it, wrong is wrong and cannot be made right.

All non-vegans are species-ists. Species-ists are people who think that their species (the human species) is superior to other species and that they have the right to enslave, exploit and abuse members of other species just because of their preferences and traditions. Species-ism can be compared to slavery, sexism and racism.

Nowadays there are many plant-based alternatives to meat, egg and dairy products, and switching to a vegan diet is simple.

We are currently entering the thousand year dispensation of peace as written about in the Bible (Revelation 20:1-3). A hundred years from now there will be more vegans than non-vegans on Planet Earth and animal farming will be virtually non-existent. Heart disease, cancer, diabetes, hypertension and obesity will be at an all-time low.

We have been taught that we need dairy products to supply our bodies with much needed calcium to strengthen our teeth and bones. We have been taught that we need animal protein to be healthy and that we can get enough vitamin B12 only by eating animal meat. We have been told that eggs are good for us, and healthy. Over the ages we have been conditioned to accept this misinformation as gospel truth. If you are told a lie enough times, it becomes part of your reality. If enough people are taught that lie, it becomes part of the culture. If that culture then passes that misinformation to the next generation, it now becomes tradition. We have to remember that, just because we have a tradition, it does not mean that it is morally acceptable.

The difference between someone who finds veganism easy and someone who finds it hard is: The person who finds it easy is thinking about the victim. The person who finds it hard is thinking about himself.

Jesus said: "Do unto others as you would have them do unto you."

(Short YouTube video explaining why we should go vegan
<https://youtu.be/krRUOSDnau4>)

A website that will answer all your questions about veganism: www.adaptt.org

www.JChm.co.za
www.JesusChristhealingministries.co.za

